

DAY THERAPY



Mercy Health and Aged Care
Central Queensland Limited



Make the Best of the Rest of Your Life

We Provide:

- Aqua Therapy
- Clinical Pilates
- Physiotherapy
- Podiatry
- Speech Therapy
- Occupational Therapy
- Stability Therapy
- Self Help Groups

Eligibility Criteria

Anyone who wishes to remain independent and stay in their home who is 55 years and over or alternatively 45 years and older for Aboriginal and Torres Straight Islanders. (Excludes Veterans as covered under Department of Veteran Affairs).

Doctor or Allied Health Professional referral required.

What We Offer

- Personal Assessment of Needs
- Independent and Group Therapy
- Home Assessment
- Education
- Transport (for eligible clients)

Self Management Courses

Mercy Day Therapy provides Arthritis, Falls Prevention, Osteoporosis Prevention, Diabetic Lifestyle and Self Management Courses.

These courses are open to the community. Anyone interested in improving their quality of life through problem solving, exercise and good nutrition are welcome.

Centre Details

Open:
Monday – Thursday
8:30am – 3:00pm

Friday
8:30am – 2:30pm

Fee For Service

Aqua Therapy	\$14.00
Physiotherapy	\$10.00
Occupational Therapy	\$10.00
Speech Therapy	\$10.00
Podiatry	\$25.00
Stability Therapy	\$ 5.00
Self Management Courses	\$10.00* *(per week)

Address

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